

**KERALA PUBLIC SCHOOLS**  
**HOME ASSIGNMENT (6<sup>TH</sup> TO 17<sup>TH</sup> JULY)**



CLASS	SUBJECT	TOPIC / CHAPTER	MODULE / ASSIGNMENT	REFERENC E LINKS
STD II	ENG LIANG	<p>Ch 1 : Vowels and Consonants (Practice Worksheets)</p> <p>6.7.20</p> <p>8.7.20</p> <p>10.7.20</p>	<p><b>*The practice worksheet given below has to be done in the English language notebook.</b></p> <p><b><u>WORKSHEET 1</u></b></p> <p><b><u>I.Fill in the blanks with vowels the hints will help you.</u></b></p> <p>1. we drink this                      W__T__R  2. the home of a dog                K__NN__L  3. we wear these on our feet      S__CKS  4. a bottle to keep flowers in    V__S__  5. animal with the longest neck G__R__FF__</p> <p><b><u>II.Place a or an before these words:</u></b></p> <p>_____ gun                      _____ phone  _____ eagle                      _____ cabbage  _____ apple                      _____ envelope  _____ house                      _____ hen  _____ igloo                      _____ owl</p> <p><b><u>III.Fill in the blanks with a or an :-</u></b></p> <p>1. He is reading _____ interesting poem.  2. I need_____ hour to complete these questions.  3. We are watching_____ comedy film.  4. I stepped on _____ anthill by mistake.</p>	

5. Fiza is wearing\_\_\_\_\_ red frock.
6. We saw \_\_\_\_\_ crocodile at the zoo.
7. My mother is\_\_\_\_\_ doctor and my father is \_\_\_\_engineer.
8. That bird is \_\_\_\_\_ eagle.

## **WORKSHEET 2**

### **I. Write [V] for vowel and [C] for consonant for the underlined letters:**

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1. BOY \_\_\_\_\_
2. LOTUS \_\_\_\_\_
3. BICYCLE \_\_\_\_\_
4. LION \_\_\_\_\_
5. FOREST \_\_\_\_\_

### **II. Put these words in the ABC order:**

1. cake , box , ant , elephant , grapes
2. jug , lamp , kite , mango , nut

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### **III. Spot the errors and rewrite the sentences.**

1. I have an pink dress.
2. Rita is a intelligent girl.
3. I saw a old man on my way to school.
4. Akhil is an strong boy.
5. Rohit drives an car.

### **IV. Read the passage and answer the following questions:**

John is going apple picking with his sister Maria.

They are going to the apple orchard near their house. They need to pick twelve apples. Their mom is going to use the apples to make a big apple pie. At the orchard, John picked nine apples and Maria picked three apples. They had a great day together. Now they can,t wait to enjoy their pie.

17.7.20

**Answer the following questions:**

1. Where is John going?
2. How many apples do they need?

**Fill in the blanks:**

1. John is going apple picking with his sister, \_\_\_\_\_ .
2. Mother is going to make a big \_\_\_\_\_ .

**Write the male nouns of the given female nouns:**

1. sister \_\_\_\_\_
2. mother \_\_\_\_\_

**Answer Key:**

**WORKSHEET 1**

**I.Fill in the blanks with vowels the hints will help you.**

1. we drink this                      WATER
2. the home of a dog                KENNEL
3. we wear these on our feet      SOCKS
4. a bottle to keep flowers in    VASE
5. animal with the longest neck   GIRAFFE

**II.Place a or an before these words:**

- a gun                      a phone
- an eagle                a cabbage
- an apple                an envelope
- a house                 a hen
- an igloo                 an owl

**III.Fill in the blanks with a or an :-**

1. He is reading an interesting poem.
2. I need an hour to complete these questions.
3. We are watching a comedy film.
4. I stepped on an anthill by mistake.
5. Fiza is wearing a red frock.
6. We saw a crocodile at the zoo.
7. My mother is a doctor and my father is an engineer.
8. That bird is an eagle.

**WORKSHEET 2**

**I.Write [V] for vowel and [C] for consonant for the underlined letters:**

1. BOY            C
2. LOTUS        V
3. BICYCLE      V
4. LION          C
5. FOREST       C

**II.Put these words in the ABC order:**

- 1.cake , box , ant , elephant , grapes  
Ans. ant , box, cake , elepohant , grapes
2. jug , lamp , kite , mango , nut  
Ans. jug , kite , lamp , mango , nut

**III.Spot the errors and rewrite the sentences.**

1. I have an pink dress.  
Ans. I have a pink dress.

2. Rita is a intelligent girl.  
Ans. Rita is an intelligent girl.

3. I saw a old man on my way to school.  
Ans. I saw an old man on my way to school.

4. Akhil is an strong boy.  
Ans. Akhil is a strong boy.

5. Rohit drives an car.  
Ans. Rohit drives a car.

**IV.Read the passage and answer the following questions:**

John is going apple picking with his sister Maria.  
They are going to the apple orchard near their house. They need to pick twelve apples. Their mom is going to use the apples to make a big apple pie. At the orchard, John picked nine apples and Maria picked three apples. They had a great day together. Now they can,t wait to enjoy their pie.

**Answer the following questions:**

1.Where is John going?  
Ans. John is going to pick apples from the orchard.

2. How many apples do they need?  
Ans. they need twelve apples.

**Fill in the blanks:**

1.John is going apple picking with his sister, Maria.  
2. Mother is going to make a big apple pie .

**Write the male nouns of the given female nouns:**

1. sister brother  
2. mother father

<p><b>ENGLISH LIT</b></p>	<p><b>Ch – 4: Priya’s Dream</b></p>	<p>(Read the lesson thoroughly and learn the meanings from the book in page no.41)</p> <p><b>All the exercises to be done in the notebook</b></p> <p><b>07-07-2020</b></p> <p><b><u>Word Bank</u></b></p> <p>1.usual            u-su-al  2.parents        par-ents  3.excited        ex-cit-ed  4.material       ma-te-ri-al  5.invitations    in-vi-ta-tion  6.scolded        scold-ed  7.streamers      stream-ers  8.decorate       dec-o-ra-tion  9.eagerly        ea-ger-ly  10.spoiled  11.shaking        shak-ing  12.weeping       weep-ing  13.sandwiches    sand-wich-es  14.pastries        pas-tries  15.patties         pat-ties  16.lemonade      lem-on-ade  17.servant        serv-ant  18.bakery         bak-er-y  19.clapped  20.silk</p> <p><b>09-07-2020</b></p> <p><b><u>Opposites</u></b></p> <p>1.friend x <b>enemy</b>  2.love x <b>hate</b>  3.near x <b>far</b>  4.after x <b>before</b>  5.bad x <b>good</b>  6.usual x <b>unusual</b>  7.opened x <b>closed</b>  8.gently x <b>roughly</b>  9.early x <b>late</b></p>	
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14-07-2020

**Answer the following questions**

Q1. What was Priya's bad habit?

Ans. Priya's bad habit was to get up late.

Q2. What changed Priya's life forever?

Ans. The dream changed Priya's life forever. She understood the importance of time and the difference between dream and reality.

Q3. Who wished Priya on her birthday early in the morning?

Ans. Priya's mother wished her on her birthday early in the morning.

Q4. What happened on Priya's birthday?

- Ans. a) Priya reached her school in time.  
b) Her red silk dress was ready in the evening.  
c) The party room was decorated beautifully.  
d) Father came home early with the Mickey Mouse cake.  
e) All her friends came in time.  
f) Priya happily blew out the candles on her cake.

Q5. What did Priya's father tell the baker?

Ans. Priya's father told the baker to make a Mickey Mouse birthday cake for her.

Q6. What did Priya tell her mother after her birthday party?

Ans. Priya told her mother about her dream and promised her that she would always be on time from that day onwards.

**Reference to context**

1. Priya reached her school in time. Her red silk dress was ready .....birthday cake.

a. How was the room decorated?

Ans. The room was decorated beautifully.

b. Did Priya reach school on time?

Ans. Yes, Priya reached school on time.

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c. When did the red silk dress get ready?

Ans. The red silk dress was ready in the evening.

**Make Sentences**

- 1.cake - My mother baked delicious cake on my birthday.
2. grandmother - My grandmother tells me a story at night.
3. happy - Raj was happy to visit the park.
- 4.excited- Priya was excited for the birthday party.
- 5.birthday- We played fun games at the birthday party.

**\*The assignments given below have to be done in the text book (pg no.41)**

**A1. Write T (true) or F (false) in the boxes.**

In Priya's dream,

1. She reached her school in time. **T**
2. Her red silk dress is not ready. **F**
3. The baker gives her the Mickey Mouse birthday cake. **T**
4. The party room was not decorated beautifully. **F**
5. Father came for the party in time. **T**
6. All her friends were late. **F**



HINDI LANG	विशेषण (6.7.2020)	<p><b>परिभाषा</b> –किसी भी संज्ञा या सर्वनाम की विशेषता बताने वाले शब्द विशेषण कहलाते हैं। जैसे- पीली, अनेक, साफ, हरा, खट्टा, ठंडा, दस, अच्छा, मेहनती, दो, पाँच, गरम, ऊँचा, छोटा, मीठा, पुराना, लाल, काला, मोटा, कड़वा, बहादुर, सुन्दर, आदि।</p> <p><b>अभ्यास कार्य-</b></p> <p>1. नीचे लिखे वाक्यों में विशेषण शब्द को रेखांकित करें-</p> <p>क. बाग में सुन्दर फूल खिले हैं।  ख. आम मीठा है।  ग. दूध ठंडा है।  घ. सिपाही बहादुर है।  ड. चाय गरम है।  च. मेरी कमीज पीली है।  छ. हिमालय ऊँचा पहाड़ है।  ज. तोते की चोंच लाल है।</p>	
	(8.7.2020)	<p><b>2. वाक्य बनाएँ-</b></p> <p>क. साफ-हमें साफ पानी पीना चाहिए।  ख. पुराना-राजू पुराना कपड़ा मत पहनो।  ग. मेहनती-किसान मेहनती होते हैं।  घ. अच्छा. बिरजू अच्छा लड़का है।</p> <p><b>3. मिलान करें-</b></p> <p>क. मोटा पानी  ख. नीम हरा  ग. कौआ हाथी  घ. साफ कड़वा  ड. पत्ता काला</p>	
	पर्यायवाची शब्द (10.7.2020)	<p><b>4. सही विशेषण शब्द से वाक्य पूरा करें-</b></p> <p>क. मटका पुराना है। (पुराना, चौकोर)  ख. करेला कड़वा है। (मीठा, कड़वा)  ग. आज ठंडी हवा चल रही है। (मीठी, ठंडी)  घ. टमाटर लाल है। (लाल, नीला)  ड. राजू मेहनती है। (मेहनती, मोहन)</p>	

			<p>च. पेड़ पर <b>दस</b> पक्षी बैठे हैं(दस,एक)  <b>परिभाषा-</b> जिन शब्दों का अर्थ एक जैसा होता है,उन्हें हम समान अर्थ वाले शब्द या पर्यायवाची शब्द कहते हैं।जैसे-  सूरज –सूर्य , फूल पुष्प  चाँद –शशि , बारिश –वर्षा आदि।  <b>कुछ अन्य पर्यायवाची शब्द -</b>  1.घर गृह  2.दिन दिवस  3.पेड़ वृक्ष  4.रात रात्रि  5.वायु हवा  6.मित्र दोस्त  7.किनारा तट  8.झंडा ध्वज  9.पत्र पत्ता</p>	
		(13.7.2020)	<p><b>अभ्यास कार्य-</b>  <b>1.समान अर्थ वाले शब्द मिलाएँ –</b>  क.घर दिवस  ख.दिन रात  ग.पत्र गृह  घ.पेड़ पत्ता  ड.झंडा ध्वज  <b>2.नीचे लिखे शब्दों के लिए एक-एक पर्यायवाची शब्द लिखें-</b>  क.रात- रात्रि  ख.वायु –हवा  ग.मित्र दोस्त  घ.सूर्य सूरज  ड.चाँद शशि  च.किनारा तट  छ.फूल पुष्प  ज. बारिश वर्षा</p>	

**विलोम शब्द**  
(15.7.2020)

**परिभाषा** –उलटे अर्थ वाले शब्द को विलोम शब्द कहते हैं।  
जैसे –अन्दर-बाहर,धीरे –तेज आदि।

**कुछ अन्य विलोम शब्द –**  
**शब्द विलोम शब्द**

अच्छा बुरा  
गरम ठंडा  
दिन रात  
खुशबू बदबू  
हार जीत  
गरमी सरदी  
थोड़ा बहुत  
मोटा पतला

(17.7.2020)

**अभ्यास कार्य-**

**1.रिक्त स्थान में उचित विलोम शब्द लिखें-**

क.दिन में सूरज दिखाई देता है और रात में चाँद ।

ख.शरबत ठंडा है पर चाय गरम ।

ग.खरगोश तेज दौड़ता है पर कछुआ धीरे चलता है।

घ. भीम मोटा है पर नंदू पतला है।

ड.माँ घर के अन्दर है,पिताजी बाहर हैं।

**2. सही विलोम शब्द पहचान कर उनको रेखांकित करें-**

क. अच्छा –ठीक,बुरा,थोड़ा

ख. दिन –रात ,सुबह,शाम

ग.खुशबू –गंदा,सुगंध,बदबू

घ.हार-माला,जीत,विजय

ड.गरमी –सरदी ,मटका,चाय

च. थोड़ा –कम,बहुत,अधिक

**नोट:- उपरोक्त कार्य अपनी अभ्यास पुस्तिका (नोट बुक)**  
**में लिखें ।**

**इस पाठ से सम्बंधित पुस्तक में दिए गए अभ्यास कार्य पुस्तक में ही करें ।**

	<p><b>HINDI LIT</b></p>	<p><b>शेर और बकरी</b></p>	<p><b>कठिन शब्द</b>  1.कक्षा 2.बकरियाँ  3.मुखौटा 4.कोशिश  5.अध्यापिका 6.अन्यथा  7.मैदान 8.नितिन  9.दायरे 10.पीरियड</p> <p><b>शब्दार्थ</b>  मुखौटा –कागज,धातु या लकड़ी से बना चहरे का आकर  दायरा –गोल,घेरा,वृत्त  कोशिश-प्रयत्न,प्रयास  अन्याय-नही तो</p> <p><b>लघु उत्तरीय प्रश्न-</b>  1.शेर का मुखौटा कौन लाया था?  उ०-शेर का मुखौटा राजू लाता था।  2.राजू शेर का मुखौटा कहाँ लाता है?  उ०- राजू शेर का मुखौटा कक्षा में लाता था।  3.अध्यापिका कौन सा खेल कराती है?  उ०-अध्यापिका बच्चों को शेर-बकरी का खेल खेलाती थी।  4.राजू सभी बच्चों को क्या कहकर भागता है?  उ०-राजू सभी बच्चों को बकरी-बकरी कहकर भागता है।  5.सभी बच्चे किस प्रकार बैठते हैं?  उ०-सभी बच्चे गोल दायरे में बैठते हैं।  6.राजू नितिन को क्या कहकर भागता है?  उ०- राजू नितिन को बकरी-बकरी कहकर भागता है।</p> <p><b>दीर्घ प्रश्नोत्तर –</b>  क-अध्यापिका द्वारा शेर बकरी के खेल का क्या नियम था?  उ०- अध्यापिका बच्चों को गोल दायरे में बैठाती है ,सभी बच्चे बकरी और राजू शेर बनाता है। राजू बकरी बकरी कहकर जिस बच्चे के सिर पर हाथ रखकर भागेगा वह राजू को पकड़ने के लिए उसके पीछे भागेगा और भागकर उस बच्चे की जगह पर बैठने का प्रयास करेगा।</p>	
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			<p>2.नितिन राजू के पीछे क्यों भागता है? उ०-जब राजू नितिन को बकरी-बकरी कहकर नितिन के सिर पर हाथ रखता है तो नितिन राजू को पकड़ने के लिए राजू के पीछे भागता है।</p> <p>3. नितिन के पीछे भागने पर राजू क्या कर्ता है? उ०-नितिन के पीछे भागने पर राजू भागकर उसकी जगह बैठ जाता है।</p> <p><b>खाली जगह भरें-</b></p> <p>क- राजू कक्षा में शेर का <u>मुखौटा</u> लेकर आता है। ख- सभी बच्चे खेल के <u>मैदान</u> में आते हैं। ग- सभी बच्चे गोल <u>दायरे</u> में बैठते हैं। घ- राजू नितिन को <u>बकरी-बकरी</u> कहकर भागता है। ङ- नितिन नया <u>शेर</u> बनता है। च- सभी बच्चे <u>तालियाँ</u> बजाते हैं।</p> <p><b>वाक्य बनाएँ-</b></p> <p>क- कक्षा - कक्षा में शांति बनाएँ रखना चाहिए। ख- अध्यापिका –अध्यापिका पढ़ा रही है। ग- मुखौटा- दीपक बन्दर का मुखौटा लगाए हुए था। घ- ताली- रोहन खुश होकर ताली बजाने लगा। ङ- कोशिश-कोशिश करने वालों की हार नहीं होती।</p> <p><b>नोट:- उपरोक्त कार्य अपनी अभ्यास पुस्तिका (नोट बुक) में लिखें।</b> <b>इस पाठ से सम्बंधित पुस्तक में दिए गए अभ्यास कार्य पुस्तक में ही करें।</b></p>	
SCIENCE	Ch- 4 Food we eat 6.7.20  COVID-19		<p><b>Revision Worksheet</b> <b>Chapter: Food we eat.</b> I. Answer the following questions. Q1) Why do we need food ? Q2) Food is divided into how many groups ? Q3) Who is a vegetarian? Q4 ) Give two examples of grains.</p>	<a href="https://youyu.be/OqrbhXVCgz8">https://youyu.be/OqrbhXVCgz8</a>

**7.7.20  
Module 1**

**I. Fill in the blanks.**

- 1) We need \_\_\_\_\_ live and grow.
- 2) Food which gives us energy is called \_\_\_\_\_.
- 3) We get food from \_\_\_\_\_ and \_\_\_\_\_.
- 4) \_\_\_\_\_ helps to digest food.
- 5) \_\_\_\_\_ makes our bones and teeth strong.

**II. Answer the following questions .**

- Q1) What is a diet ?
- Q2) Where do we get food from ?

**8.7.20  
Module 2**

**I. Choose the correct answer and fill in the blanks**

- 1) Sugar and butter are \_\_\_\_\_  
i) energy giving food ii) protective food
- 2) A balanced diet helps us to be \_\_\_\_\_  
i) healthy ii) unhealthy.
- 3) Fruits and vegetables are \_\_\_\_\_  
i) protective food ii) body building food.
- 4) Tomato is a \_\_\_\_\_  
i) vegetable ii) fruit
- 5) A \_\_\_\_\_ is a small meal we eat in school or office .  
**i) dinner      ii)tiffin**

**9.7.20  
Module 1**

**I. Give the answer in one word.**

- 1)An example of energy giving food –
- 2) The food we eat and drink regularly –
- 3) An example of body building food –
- 4) Removes waste material from the body –
- 5) A person who eats egg and meat –

**II .Answer the following questions .**

- Q1) What is energy giving food ?
- Q2 ) Name the food groups .

**10.7.20  
Module 2**

**I. Write true or false**

- 1) We eat some vegetables raw -

<https://youtu.be/QaKPkBwE6LU>

- 2) It is healthy to eat from roadside shops –
- 3) A person who eats meat is a vegetarian –
- 4) We should not overeat . It can make us feel unwell -
- 5) We should not wash our hands before and after meals –

**II. Draw the following .**

- i) Two body building food
- ii) Two vegetables

**ANSWERS**

**i) I. Answer the following questions.**

Q1) Why do we need food ?

Ans ) We need food to live and grow. It makes us healthy and strong.

Q2) Food is divided into how many groups ?

Ans ) Food is divided into three groups .

Q3) Who is a vegetarian?

Ans ) A person who eats food only from plants and also has milk and milk products is a vegetarian.

Q4 ) Give two examples of grains.

Ans ) Two examples of grains are :

- i) rice
- ii) wheat

**I. Fill in the blanks.**

1) We need food to live and grow.

2) Food which gives us energy is called energy giving food.

3) We get food from plants and animals .

4) Water helps to digest food.

5) Milk makes our bones and teeth strong.

**II. Answer the following questions .**

Q1) What is a diet ?

Ans ) A diet is the food that we eat and drink regularly.

Q2) Where do we get food from ?

Ans ) We get food from plants and animals.

**I. Choose the correct answer and fill in the blanks**

- 1) Sugar and butter are energy giving food .  
i) energy giving food ii) protective food
- 2) A balanced diet helps us to be healthy .  
i) healthy ii) unhealthy.
- 3) Fruits and vegetables are protective food .  
i) protective food ii) body building food.
- 4) Tomato is a fruit.  
i) vegetable ii) fruit
- 5) A tiffin is a small meal we eat in school or office .  
i) dinner ii) tiffin

**I. Give the answer in one word.**

- 1) An example of energy giving food – rice
- 2) The food we eat and drink regularly – meal
- 3) An example of body building food – milk
- 4) Removes waste material from the body – water
- 5) A person who eats egg and meat – non - vegetarian.

**II .Answer the following questions .**

- Q1) What is energy giving food ?  
Ans ) Food that gives us energy is called energy giving food .
- Q2 ) Name the food groups .  
Ans ) Food is divided into three groups  
i) energy giving food ii) Body building food iii) Protective food.

**I. Write true or false**

- 1) We eat some vegetables raw - True
- 2) It is healthy to eat from roadside shops – False
- 3) A person who eats meat is a vegetarian – False
- 4) We should not overeat . It can make us feel unwell -True
- 5) We should not wash our hands before and after meals – False.



13.7.20

COVID-19

**Draw the following** .

i) Two body building food ii) Two vegetables dinner ii) tiffin

Chapter: Food we eat.

**I. Answer the following questions.**

- 1) What is protective food ?
- 2) Name any three golden food habits.
- 3) Why is water important for us ?
- 4) What are the three meals of the day ?

**I. Put a tick or a cross.**

- 1) We should drink 6 to 8 glasses of water every day.
- 2) Fruits and vegetables are protective food
- 3) We will be unhealthy if we eat a balanced diet.
- 4) We eat lunch in the morning.
- 5) Do not eat stale or uncovered food.

**II. Name of some food items are given below.** Write E for energy giving food , B for body building food and P for protective food.

- 1) Rice – 2) Egg – 3) Potato – 4) Mango – 5) Pulses –

**I. Match the following.**

- 1) Helps to digest food a) body building food
- 2) Makes our bones and muscles strong b) diet
- 3) Rice and potato e) vegetarian
- 4) A person who eats food from plants d) water
- 5) Food we eat and drink regularly e) energy giving food

II. Draw and name the following.

- 1) Two protective food.

14.7.20

Module 1

15.7.20

Module 2

16.7.20

Module 1

**I. Fill in the blanks** .

- 1) \_\_\_\_\_ gives us energy to work and play.
- 2) We \_\_\_\_\_ vegetables to make them soft and tasty.
- 3) Food which protects us from diseases is called \_\_\_\_\_ .

17.7.20

Module2

4) Food we eat in the afternoon is called\_\_\_\_\_.

5) Always wash your\_\_\_\_\_ before and after meals.

**II. Draw and name the following.**

1) Two energy giving food

**I. Cross the odd one out.**

1) fruits pulses eggs meat

2) rice potato vegetables sugar

3) rice pepper maize wheat

II. Answer the following questions in one word.

1) What do you call a person who eats meat and eggs?

2) What helps the body to digest food ?

3) Where do we get food from?

**Answer Key**

I. Answer the following questions.

1) What is protective food ?

Ans) Food that protects us from diseases and helps us to be healthy is called protective food.

2) Name any three golden food habits.

Ans) i) Do not eat from roadside shops.

ii) Do not overeat.

iii) Wash hands before and after meals.

3) Why is water important for us ?

Ans ) Water is important because it helps to digest food and removes waste material from the body.

4) What are the three meals of the day ?

Ans ) The three meals of the day are

i) breakfast ii) lunch iii) dinner

**I. Put a tick or a cross.**

1) We should drink 6 to 8 glasses of water every day. (x)

2) Fruits and vegetables are protective food

3) We will be unhealthy if we eat a balanced diet. (x)

4) We eat lunch in the morning. (x)

5) Do not eat stale or uncovered food.

**II. Name of some food items are given below.** Write E for energy giving food , B for body building food and P for protective food.

1) Rice – E 2) Egg – B 3) Potato – E 4) Mango – P 5) Pulses – B

**I. Match the following.**

- |                                       |                           |
|---------------------------------------|---------------------------|
| 1) Helps to digest food               | a) body building food (2) |
| 2) Makes our bones and muscles strong | b) diet (5 )              |
| 3) Rice and potato                    | c) vegetarian (4)         |
| 4) A person who eats food from plants | d) water (1)              |
| 5) Food we eat and drink regularly    | e) energy giving food (3) |

**II. Draw and name the following.**

1) Two protective food. (Given in the book)

**I. Fill in the blanks .**

- 1) Food gives us energy to work and play.
- 2) We cook vegetables to make them soft and tasty.
- 3) Food which protects us from diseases is called protective food.
- 4) Food we eat in the afternoon is called lunch .
- 5) Always wash your hands before and after meals.

**II. Draw and name the following.**

1) Two energy giving food (Given in the book)

**I. Cross the odd one out.**

- 1) fruits  pulses eggs meat
- 2) rice potato vegetables  sugar
- 3) rice pepper  maize wheat

II. Answer the following questions in one word.

1) What do you call a person who eats meat and eggs?

Ans ) Non – vegetarian.

2) What helps the body to digest food ?

Ans ) Water

3) Where do we get food from?

Ans ) Plants and animals.

Rakshmi

**DIRECTOR ACADEMICS**